sequence of 1 to 3 amino acid residues which are the same or different and are aliphatic amino acid residues.

2. (Amended) The peptide of claim 1

wherein [$X^1$ is Phe;]

$X^2$ is Glu or Ala;

$R^2$ is Gly-Gly;

$R^1$ is $X^3$ - $X^4$ - $X^5$ wherein

$X^3$ is Thr,

$X^4$ is Asp or Ala and

$X^5$ is Ile or Ala.

3. (Amended) The peptide of claim 1

wherein $R^1$ is $NH_2$ -;

[$X^1$ is an aromatic amino acid;]

$X^2$ is Glu or Ala and

$R^2$ is Gly, Gly-Gly, Gly-Gly-Gly or sarcosine.

4. (Amended) The peptide of claim 3

wherein [$X^1$ is Phe and] $X^2$ is Glu.